

# Public Document Pack

## Dorset Health and Wellbeing Board

Minutes of the meeting held at County Hall, Colliton Park, Dorchester,  
Dorset, DT1 1XJ on Wednesday, 13 March 2019

### **Present:**

Rebecca Knox (Chairman)  
Forbes Watson (Vice-Chairman)

### Members Attending

Paula Bennetts (Voluntary Sector), Helen Coombes (Interim Transformation Lead for Adult and Community Services, Dorset County Council), Sam Crowe (Acting Director of Public Health), Graham Duggan (Weymouth & Portland Borough Council and West Dorset District Council), Margaret Guy (Healthwatch), David Haines (Locality Executive Teams), Andrew Kerby (Elected Borough/District Councillor (North Dorset)), Patricia Miller (Local NHS Provider Trust), Tanya Stead (Executive Locality Teams) and Seth Why (Dorset and Wiltshire Fire Authority).

### Other Members Attending

Rachel Partridge, Assistant Director of Public Health (Reserve)  
Timothy Yarker, Elected Borough/District Councillor (West Dorset) (Reserve)

### Officers Attending:

Simon Fraiz-Brown (Committee Link Officer), Kirsty Hillier (Public Health Communications Manager), Jane Horne (Consultant in Public Health, Public Health Dorset) and Helen Whitby (Senior Democratic Services Officer).

### Also in Attendance

Barry Crook (Independent Chairman, Dorset Safeguarding Adults Board) and Karen Maher (DSAB Business Manager).

Notes:(1) These minutes have been prepared by officers as a record of the meeting and of any decisions reached. This is the last planned meeting of this Committee before the start of the new Dorset Council on 1 April 2019. The minutes will therefore be confirmed and signed by the Chairman prior to 31 March 2019.

### **Apologies for Absence**

- 1 Apologies for absence were received from Ben Ansell who was represented by Seth Why, Steve Butler who was represented by Andrew Kerby, Tim Goodson, Mike Harries, Jill Haynes, Helen Horsley who was represented by Paula Bennetts, Rebecca Kirk who was represented by Graham Duggan, Sarah Parker who was represented by Simon Fraiz-Brown, James Vaughan and Simone Yule.

### **Code of Conduct**

- 2 There were no declarations by members of disclosable pecuniary interests under the Code of Conduct.

### **Minutes**

- 3 The minutes of the meeting held on 7 November 2018 were confirmed and signed.

#### Matter Arising

Minute 81 - Strategic planning for the future, including implications of the Integrated Care System and Local Government Reorganisation

This item was deferred at the last meeting and would now be considered after the forthcoming change to local government.

## **Public Participation**

### 4 Public Speaking

There were no public questions, statements or petitions received at the meeting in accordance with Standing Order 21.

## **Quarter 3: Better Care Fund Performance and Update**

- 5 The Board considered a report by the Interim Transformation Lead for the Adult and Community Service, Dorset County Council, which provided an update on Quarter 3 performance for the Better Care Fund.

Members were informed that the expected National Guidance on the Better Care Fund was still awaited. Work with the Dorset Clinical Commissioning Group (CCG) was being undertaken to set out what would be delivered for 2019/20, which would be reported to the Board's June 2019 meeting.

In terms of the four key performance areas delayed discharges had improved but were not quite on track to meet the target; admission to residential and nursing homes was not quite on track and there was likely to be a further deterioration by the end of Quarter 4; reablement was on track; and performance for delayed transfers of care was the best performance ever in Dorset although there was still the potential for the target not to be met. Overall performance had improved as a result of significant efforts made by staff but there was still the potential for targets not to be met.

The NHS representative reported that even though delayed discharge performance had improved, performance during the current quarter was double that experienced in December 2018. Although steps had been taken to bring packages of care on line more quickly to reduce delays, consideration needed to be given to how performance could be made more consistent for the next financial year. This and consistency of approach would be addressed through the joint working group consisting of providers, the NHS, the CCG and the local authority.

Members were keen to learn more about this group and closer working between health and social care. They asked for a summary report on the group's achievements to be provided for the meeting in June 2019.

In view of the Fire Service's work in connection with vulnerable people, it was suggested that they be included in the membership of the Urgent Care Board and that they be included in Dorset County Hospital's discharge checklist.

Reference was also made to the need for closer working with South West Ambulance Service as they did not form part of the collaboration work with health and social care. The Vice-Chairman would raise this at the Sustainability and Transformation Board.

Attention was drawn to a recent publication from Healthwatch Dorset on discharges from hospital. The learning from this exercise was transferable to other hospitals and the clerk was asked to forward details to members following the meeting. Attention was also drawn to the role that the voluntary sector could play as a conduit in connecting organisations, services or seeking information or help.

## **Resolved**

1. That a summary report on the joint working group's achievements be provided for the meeting in June 2019.
2. That the inclusion of the Dorset and Wiltshire Fire and Rescue Service in the membership of the Urgent Care Board be progressed by the Interim Transformation Lead for the Adult and Community Service, Dorset County Council,
3. That the Vice-Chairman would raise membership of the South Western Ambulance Service with the Sustainability and Transformation Board.

## **Dorset Safeguarding Adults Board Annual Report 2017-18**

6 The Board considered the Dorset Safeguarding Adults Board Annual Report for 2017-18.

The Independent Chairman presented the report highlighting areas of particular interest to the Board, including joint training with the Community Safety Partnership and the Children's Board, the recent audit of Section 42 inquiries and actions being taken to ensure a more consistent approach to safeguarding, care sector concerns, increased cases of domestic abuse, safeguarding issues for rough sleepers, and alignment of work with the health and wellbeing strategy and prevention at scale.

Although there had been no contact with Dorset County Council's Safeguarding Overview and Scrutiny Committee to date the Chairman stated that this would need to be addressed as a priority for the new Dorset Council.

With regard to links to prevention at scale, safeguarding related to the work programme for keeping well and the Interim Director of Public Health would discuss this further outside of the meeting.

There was a need for better stakeholder involvement and the voluntary sector representative stated that she would be happy to exert pressure to enable this.

### **Noted**

## **Update on Sustainability and Transformation Plan (STP), with a focus on Prevention at Scale (PAS)**

7 The Board considered a report by the Consultant in Public Health which provided an update on the Sustainability and Transformation Plan (STP), with a focus on Prevention at Scale (PAS).

Members recognised progress to date and the continuing need to better communicate the prevention at scale message and for the whole health and social care system to engage with it.

With regard to the recent Beat the Streets exercise, a six month follow up questionnaire was to be sent out to those who took part in order to gain information about any subsequent change in behaviours. This would be reported to the Board's June 2019 meeting.

There was some discussion about children excluded from school or educated at home and how difficult it was to identify them, especially as there was no duty on parents to register children being taught at home. It was also recognised that children out of school were more prone to health issues.

### **Resolved**

1. That the update on STP highlights and highlighted progress on prevention at scale; and to support ongoing work, within the Board and back in their respective organisations and communities be noted.
2. That an update report on Beat the Streets be provided for the June 2019 meeting.

## **Forward Work Plan**

8 The Board considered a report by the Director for Adult and Community Services, Dorset County Council, that updated members on the current Forward Plan for Board meetings and events.

The Chairman reminded members that they could add items to the Forward Plan by forwarding these to the Clerk and that actions could be undertaken outside of

meetings. An item on Safewise was to be added to the June 2019 meeting.

**Resolved**

That reports be provided for the June 2019 meeting as set out in minutes 5 and 7 and in the minute above.

**Thanks**

The Chairman explained that Healthwatch Dorset would no longer be provided this service with effect from 1 April 2019. She thanked Mrs Guy for her valuable contributions to the work of the Board and wished her well for the future.

The Chairman also thanked the Interim Transformation Lead for Adult and Community Services for her valuable contribution to the work of the Board, her work on health and social care integration and her prioritisation of partnership working.

**Dates for Future Meetings**

9 Members noted future dates for meetings as follows:-

Wednesday, 26 June 2019

Wednesday, 11 September 2019

Wednesday, 27 November 2019

**Informal Session - Living Well**

10 In summing up, the following points emerged with regard to prevention at scale:-

- the message was spreading
- communities had a pivotal role to play
- everyone had a part to play
- members could spread the message through their organisations but the private sector should also be involved
- the need to be able to measure change
- patients were increasingly aware but it was too early to evidence changes
- the county council was the biggest employer in Dorset and could influence the health of the population
- that people's behaviour affected those around them
- housing had a big effect on people's health and wellbeing
- the need for all Council reports to have the section on health and wellbeing to be completed
- the need for health and wellbeing to be embedded in everything Councils undertook

Meeting Duration: 2.00 pm - 3.20 pm

# Prevention at Scale: Workforce Health and Wellbeing

## Overall objectives:

- Working with partners to engage in wellbeing offer
- Enabling healthy conversations to develop across the system

# Thinking and Working Differently to improve wellbeing at work

- Organisations **working together** as one system
- Working at **different levels** to engage and share good practice; Executive, Management and Front line staff
- Bringing what's available together as a **single package** – our approach
- Design a **workforce offer** – our sell to support the system
- **Engaging** the workforce with what is meaningful for them
- Developing interventions to support people **along the journey**

LiveWell helps people to...



Move  
more



Weight  
management

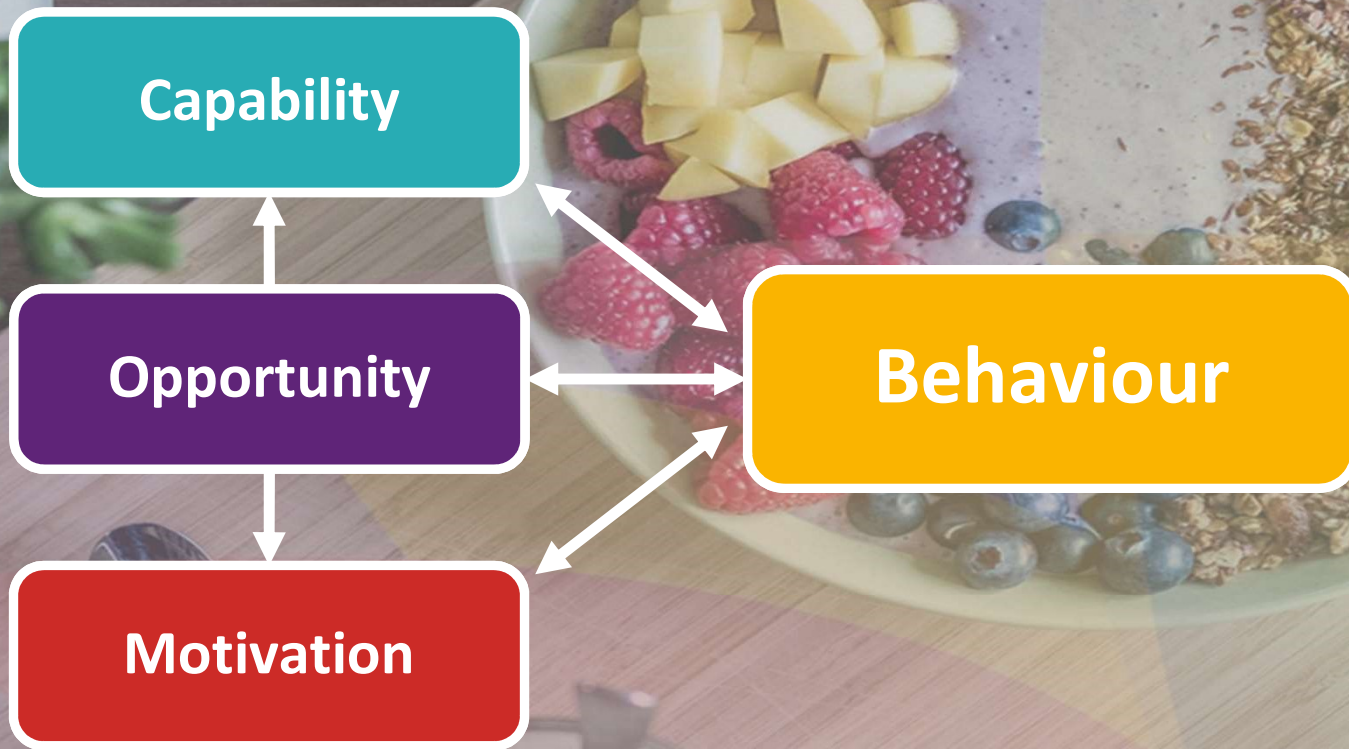


Stop  
smoking



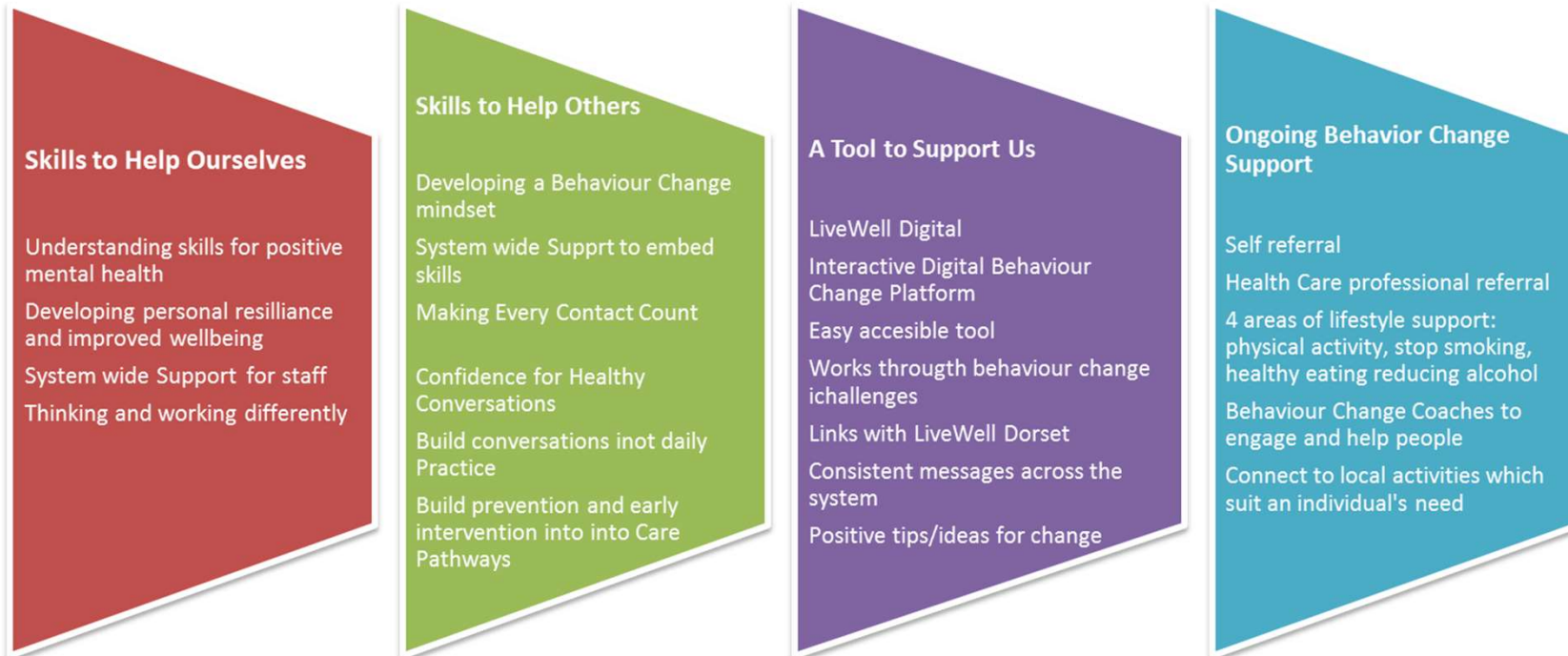
Drink  
less

# The Com-B approach





# Develop a package of advice through exploring what you need to develop the skills of your workforce and the skills or tools they need to deliver Prevention at Scale



## Organisational Enablers

### Leadership & Management



### Data & Communication



### Healthy Working Environment



## Health Interventions

### Mental Health



### Musculoskeletal



### Healthy Lifestyles



# What have we done in the last year ?

- System engagement
- Workforce forums
- System Wellbeing plans
- Organisational sign up eg DHC skills development programme
- LWD on intranet/websites
- Workforce skills offer in place
- MECC, MHFA, LiveWell
- Built into hospital curriculums
- Insights work rolling out
- Working with teams e.g DCH cancer, therapies, education
- Local authority, Police and fire engagement
- More insights with whole teams eg theatres
- Creating local networks
- Hardwiring LWD into the referral system

# We feel wellbeing is integral with leadership and supervision



You Said...

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“No one comes to work to do a bad job!”

“Its good ask what’s working well and what people value”

“Staff don’t value themselves if supervision its on their agenda”

“Managers could put themselves in people’s shoes”

## We are.....


- *Running leadership wellbeing days*
- *Asking staff teams what they need for coaching support*
- *Encouraging emotional wellbeing as part of our hospital culture*
- *Putting wellbeing at the heart of supervision*
- *Improving access to “lifestyle” coaching though LiveWell Dorset*

# Emerging Themes from the Workshops\*

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1. Leadership and supervision wellbeing approaches
2. Creating a wellbeing environment
3. Staff Policy approaches
4. Mental health and resilience skills development
5. Time and Space to plan and redesign working practice
6. Addressing wider work factors that affect health
7. Clear support processes to help staff
8. Being valued and listened to and see our organisation act

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*\*capturing many  
similar themes to  
workplace Employer  
Frameworks*

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